meal = [**'bread'**, **'vegetable'**, **'rice'**]  
  
**for** item **in** meal:  
 print(item)  
**else**:  
 print(**'This will print when for loop is ended properly'**)  
  
*# --------------------------- Remember -------------------- #***'''  
if there is a break statement in for loop our else statement will not br executed  
'''***# ------------------- Where we can use ------------- #*user = input(**'What you want to eat: '**).lower()  
**for** item **in** meal:  
 **if** item == user:  
 print(**f'Take your {**user**}.'**)  
 **break  
else**:  
 print(**f'Sorry sir your {**user**} was not found. '**)